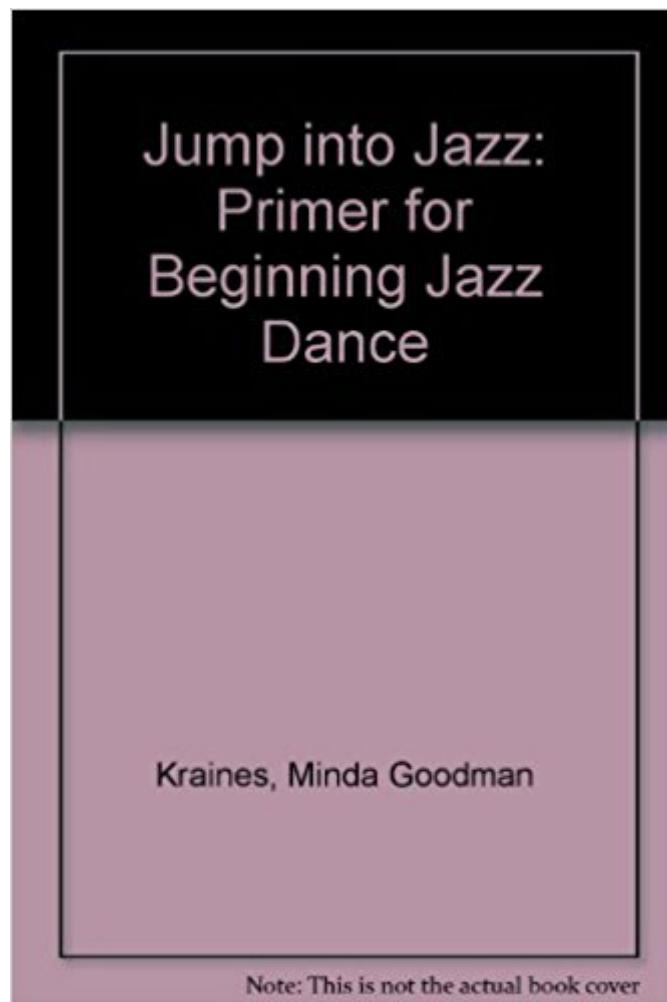


The book was found

Jump Into Jazz: Primer For Beginning Jazz Dance



Synopsis

First published in 1983, this book has become a standard activity book in jazz dance. It contains clear, well-illustrated descriptions of all basic jazz dance steps, combined with information on alignment, improvisation, injuries, nutrition, and the history of jazz. A new chapter on fitness has been added to help dancers to understand and improve their strength, flexibility and endurance and precaution boxes have been added to help avoid injury. --This text refers to an out of print or unavailable edition of this title.

Book Information

Hardcover: 115 pages

Publisher: Mayfield Publishing Co ,U.S.; 1st edition (May 1983)

Language: English

ISBN-10: 0874845718

ISBN-13: 978-0874845716

Package Dimensions: 7.9 x 7.7 x 0.4 inches

Shipping Weight: 7.8 ounces

Average Customer Review: 4.5 out of 5 stars 3 customer reviews

Best Sellers Rank: #922,828 in Books (See Top 100 in Books) #17 in Books > Arts & Photography > Performing Arts > Dance > Jazz #73285 in Books > Humor & Entertainment

Customer Reviews

Fun book to help with the basics of jazz, exercises, stretches, moves, etc. Definitely an easy read, especially for beginners

This book is a great condensed overview of different eras and their styles of dancing and music. It also had some exercises for Jazz students including pictures, which is very helpful. I enjoyed the book.

This book was very insightful. It gave a detailed history of where Jazz began and how it has developed to the present day. It also discussed proper nutrition a dancer should have, classroom etiquette, injury prevention and much more. I would recommend this book to anyone who wants to learn or teach jazz.

[Download to continue reading...](#)

Jump into Jazz: A Primer for the Beginning Jazz Dance Student Jump into Jazz: Primer for Beginning Jazz Dance Vertical Jumping: 20 Exercises - How to Increase Your Vertical Jump (How to Jump Higher - How to Jump High) Jump into Jazz: The Basics and Beyond for Jazz Dance Students Jazz Dance Class: Beginning thru Advanced (Dance Horizons Book) How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Jump, Frog, Jump! Jump, Kangaroo, Jump! (MathStart 3) Cute Dance Journal Ballet: Lined Notebook for Girls, Perfect Gift for Dancers, Teachers ~ Unique Inspirational Quote Diary for Dance Students, Teacher~ Jazz, Ballet, Tap, Hip Hop, Irish Dance The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy) Beginning Modern Dance With Web Resource (Interactive Dance) Beginning Modern Dance (Interactive Dance) Beginning Tap Dance With Web Resource (Interactive Dance) Interactive Dance Series: Beginning Tap Dance Tap Dance Beginning Through Intermediate Lessons (Teaching Dance, Volume 5) My Mueller Spiral-Ultra Vegetable Spiralizer Cookbook: 101 Recipes to Turn Zucchini into Pasta, Cauliflower into Rice, Potatoes into Lasagna, Beets into ... Slicer! (Vegetable Spiralizer Cookbooks) Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers Foxtrot: Learn To Dance The Foxtrot In No Time (Dance Acceleration Learn To Dance Book 1) Lance Laguna's Dance! Dance! Dance!: Master Six Ballroom Dances (Miniature Editions) The Square Dance and Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, and Directories

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)